

INTRODUCTION

I have always been intrigued by people who have done the impossible, so to speak. The Wright Brothers, Thomas Edison, Roger Bannister, who broke the four-minute mile in 1954, Eric Liddle who ran for Great Britain in the 1924 Olympics, Pete Maravich known as “Pistol Pete” who had a dream to become one of basketballs greatest legends, and in fact, became the youngest inductee into the Basketball Hall of Fame. And, another favorite is Chuck Yeager who broke the sound barrier in 1947.

In the lives of these people there were limitations set by others or circumstances. There were obstacles to overcome, yet the desire to succeed was greater than any fear, risk, intimidation or insecurity. They achieved what some people would have thought was impossible.

As you read the following accounts of people with everyday varying circumstances—barriers of resentment and hurt that tried to stifle their lives—you will see how forgiveness brought them to a place of removing those barriers. Forgiveness can do the impossible by removing long-term hurts or resentments.

I believe as you read this book you will learn:

- What barriers the lack of forgiveness brings
- The results of forgiveness

- And, the freedom forgiveness brings to the lives of those who choose to forgive.

As the author's wife, I pray as you read about the individuals in this book and you see how their barriers of unforgiveness were broken, how their lives were changed, and the course of their future altered for the good, you too will begin to break the barriers in-your life and experience the joy, peace, freedom, and success that forgiveness brings.

Mrs. Cindy Krause